



SFAS

SWISS FOOT AND ANKLE SOCIETY
SCHWEIZERISCHE GESELLSCHAFT FÜR CHIRURGIE UND MEDIZIN DES FUSSES
SOCIÉTÉ SUISSE DE CHIRURGIE ET MÉDECINE DU PIED



IBRA International Bone
Research Association

SFAS Surgery Day & Bioskills workshop 2026

The juvenile and adult neurological foot

Friday, 10. April 2026, 8.30–16.00h

Morning session: the adult neurological foot

Afternoon session: the juvenile neurological foot
Case Discussions

Saturday, 11. April 2026, 8.45–15.00h

Wetlab with surgeries for adult neurological foot conditions

Bioskills workshop Foot & Ankle anatomical approaches & surgeries

Inselspital, University Hospital, Bern
Sitem-insel, Swiss Institute for Translational
and Entrepreneurial Medicine, Bern

Organisation:

Petra Heil, Helen Anwander, Fabian Krause



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SOCIÉTÉ SUISSE DE CHIRURGIE ET MÉDECINE DU PIED**IBRA** International Bone
Research Association**Friday, 10. April 2026, 8.30–16.00h**

Location: Anna Seiler Haus (ASH) – Konferenzraum U1_005 – 007, Inselspital

Time	Topic	Speaker
08:00	Registration	
08:30	Welcome	P. Heil, H. Anwander, F. Krause
08:40	Introduction, the adult neurological foot	F. Krause
08:55	Diagnostics and examination	Ph. Friederichsen
09:10	Conservative therapy/technical orthopedics	Ch. Sydler
09:30	<i>Coffee break and industrial exhibition</i>	
10:00	Achilles tendon + plantar fascia release	Ch. Huber
10:15	Calcaneal osteotomy	
	- open	M. Peterhans
	- minimally invasive	M. Hitz
10:45	Tendon transfer I (peroneus longus to peroneus brevis)	S. Meier
11:00	Tendon transfer II (extensor hallucis longus to metatarsal I)	P. Heil
11:15	Tendon transfer III Posterior tibial tendon to lateral cuneiform bone	F. Krause
11:30	Midfoot/forefoot osteotomy (MT I OT)	A. Acker
11:45	Base metatarsal osteotomy (BRT)	Ph. Friederichsen
12:00	<i>Lunch break and industrial exhibition</i>	
13:30	Case discussion	P. Heil, S. Meier, F. Krause
14:10	<i>Break and industrial exhibition</i>	
14:40	The juvenile neurological foot	D. Grade
15:55	Farewell	P. Heil, H. Anwander, F. Krause
16:00	End	



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Saturday, 11. April 2026, 8.45–15.00h

Location: CATR Unit, floor 2, sitem-insel

Time	Topic	Speaker
08:30	Welcome	P. Heil, H. Anwander, F. Krause
08:35	Introduction IBRA	T. Hövekamp
08:50	Introduction Lab	H. Anwander
09:00	Open calcaneal osteotomy	M. Peterhans
10:00	Tendon transfer I (peroneus longus to peroneus brevis)	S. Meier
	Tendon transfer II (extensor halluc longus to metatarsal I)	P. Heil
	Tendon transfer III Posterior tibial tendon to lateral cuneiform bone	F. Krause
12:00	<i>Lunch break</i>	
13:00	Base metatarsal osteotomy (BRT)	Ph. Friederichsen
14:00	Midfoot osteotomy	A. Acker
15:00	End	P. Heil, H. Anwander, F. Krause





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Information

Registration/Information

Online registration: www.sfas.ch

Lea Götz, Sekretariat SFAS

Email: office@sfas.ch

Locations

Friday: Konferenzraum U1_005 – 007

Anna-Seiler-Haus (ASH), U1, Inselspital

Freiburgstrasse 20

3010 Bern

Saturday: Wetlab, sitem-insel, Bern

Hörsaal CATR Unit, Floor 2

Freiburgstrasse 3

3010 Bern

Course Fee

SFAS Surgery Day 10.4.2026

SFAS-Member CHF 75.–

SFAS-Non Member CHF 100.–

Resident/Physiotherapist CHF 50.–

IBRA/SFAS Wetlab 11.4.2026

CHF 50.- (limited number of participants, first come-first served)

CME Credits

Swiss Orthopaedics (SGOT):

5 credit points 10.4.2026

6 credit points 11.4.2026

Organisation

PD Dr. med. Helen Anwander, Inselspital, Bern

Dr. med. Petra Heil, Spitäler FMI

Prof. Dr. med. Fabian Krause, Sonnenhof, Bern



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