



The European Society of  
Regional Anaesthesia & Pain Therapy  
Crossing Boundaries, Transforming Care



SWISS ASSOCIATION OF REGIONAL ANAESTHESIA AND ANALGESIA

# WORLD DAY OF REGIONAL ANAESTHESIA AND PAIN MEDICINE



Saturday, 31 January 2026



## BERN



Inselspital  
Auditorium Maurice E. Müller  
Freiburgstrasse 16  
3010 Bern



[Registration](#)

### Registration Fees:

Non-ESRA / Non-SARA Member	300.00 CHF
ESRA & SARA Member, Residents	200.00 CHF



Credits: 8 SSAPM, 6 SGUM, 5 EDRA | CHAIR: Dr. med. Friedrich Lersch, MSc

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Time	min	Lecture	Speaker
07.30- 8.00	30	morning coffee, registration, inscription to workshops	
08.00-08.15	15	Introduction, house-keeping	Dr Friedrich Lersch
08.15-08.30	15	How to think fascial sheath block fluid dynamics	Dr Friedrich Lersch
08.30-08.45	15	<b>US-guided RA in cardiac and thoracic surgery</b>	Dr Catherine Reid
08.45-09.00	15	<b>Is the TAP-block all we could ever ask for?</b>	PD Dr Dominique Engel
09.00-09.15	15	RA in Intensive Care-improved analgesia?	Dr Margarita Borislavova
09.15-09.30	15	<b>A closer look at nerve-damage via ultrasound</b>	Dr David Lorenzana
09.30-09.45	15	<b>Inducing proximal &amp; distal analgesia from the pelvic level</b>	Dr Heinz Bruppacher
<b>COFFE BREAK</b>			
10.15-10.30	15	Everyday pediatric regional anesthesia	Dr Alessandro Genini
10.30-10.45	15	Hypnotic communication plus RA: another dimension?	Dr Bettina Kleeb
10.45-11.00	15	<b>RA-techniques in preclinical settings</b>	Dr Alexandre Moser
11.00-11.15	15	<b>RA-enabled awake breast surgery</b>	Dr Roman Zürcher
11.15-11.30	15	<b>The most important pain interventions every anesthetist should know</b>	Dr Michael Harnik
11.30-11.45	15	<b>An overview of ophthalmic locoregional blocks (<i>online</i>)</b>	Dr Nicolas Millet
11.45-12.00	15	Optimizing obstetric analgesia with RA ( <i>online</i> )	Dr Moira Robertson
		<b><i>titles in bold focus specially on anatomy as practiced in the afternoon US-workshops</i></b>	
<b>12:00 – 13:00 LUNCH</b>			
<b>13:00 – 17.00 Ultrasound workshops with life models</b>			
Workshop	min	Workshop	Demonstrator
WORKSHOP A	45	Blocks above the clavicle	OPO D - 128
WORKSHOP B	45	Blocks below the clavicle & upper extremity	OPO D - 128
WORKSHOP C	45	Lower limb blocks, anterior aspect	OPO D - 127
15:15 – 15:30	20	COFFEE BREAK	
WORKSHOP D	45	Lower limb blocks, posterior aspect	OPO D - 127
WORKSHOP E	45	Chest and abdominal wall blocks	OPO D -126
WORKSHOP F	45	Neuraxis	OPO D - 238
WORKSHOP G	45	Eyes blocks / Fluid dynamic WS	OPO D - 201
WORKSHOP H	45	Hypnotic communication	OPO D - 205

**Web-link to the presentations of the International faculty from ESRA, ASRA and the other Societies will be made available to all participants**

## FACULTY

Dr. med. Margarita Borislavova – Paris

Dr. med. Nicolas Millet - Lausanne

Dr. med. Heinz Bruppacher - Basel

Dr. med. Alexandre Moser - Lausanne

PD Dr. med. Dominique Engel – Inselspital, Bern

Dr. med. Catherine Reid - Hirslanden Klinik, Aarau

Dr. med. Alessandro Genini - Ospedale Regionale di Bellinzona

Dr. med. Moira Robertson - Hôpital de Nyon

Michael Harnik – Inselspital, Bern

Dr. med. Matthias Sluga + Dr. med. Amine Ben Saad –  
Freiburger Spital

Dr. med. Bettina Kleeb - Burgdorf

Dr. med. univ. Angelika Schaffler – See-Spital, Horgen

Dr. med. Friedrich Lersch – Inselspital, Bern

Dr. med. Simone Valentin – Stadspital Zürich Triemli

Dr. med. David Lorenzana – Balgrist, Zürich

Dr. med. Roman Zürcher – Bethesda Spital, Basel